READ
Psalm 1, adapted*

Happy are those
who do not follow the advice of the wicked,
or take the path that sinners tread,
or sit in the seat of scoffers;
but their delight is in the law of the Lord,
and on God’s law they meditate day and night.
They are like trees planted by streams of water,
which yield their fruit in its season,
and their leaves do not wither.
In all that they do, they prosper.
The wicked are not so,
but are like chaff that the wind drives away.
Therefore the wicked will not stand in the judgment,
nor sinners in the congregation of the righteous;
for the Lord watches over the way of the righteous,
but the way of the wicked will perish.

REFLECT
As you begin your mission trip, think on the images above. Whose advice are you following? Whose path have you tread? Where is your delight, and how can you tell?

As you enter into this time of service to God and others, think of one action you could take, or one change you could make, to live into the life of righteousness described in this passage.

PRAY
Meditate on Psalm 1, and pray an ACTS prayer:

1. Adoration (praise God)
2. Confession (admit sins)
3. Thanksgiving (thank God)
4. Supplication (make requests to God)

* Scripture text is taken from the NRSV and adapted to remove the pronouns for God. These pronouns have been replaced by God or the Lord.